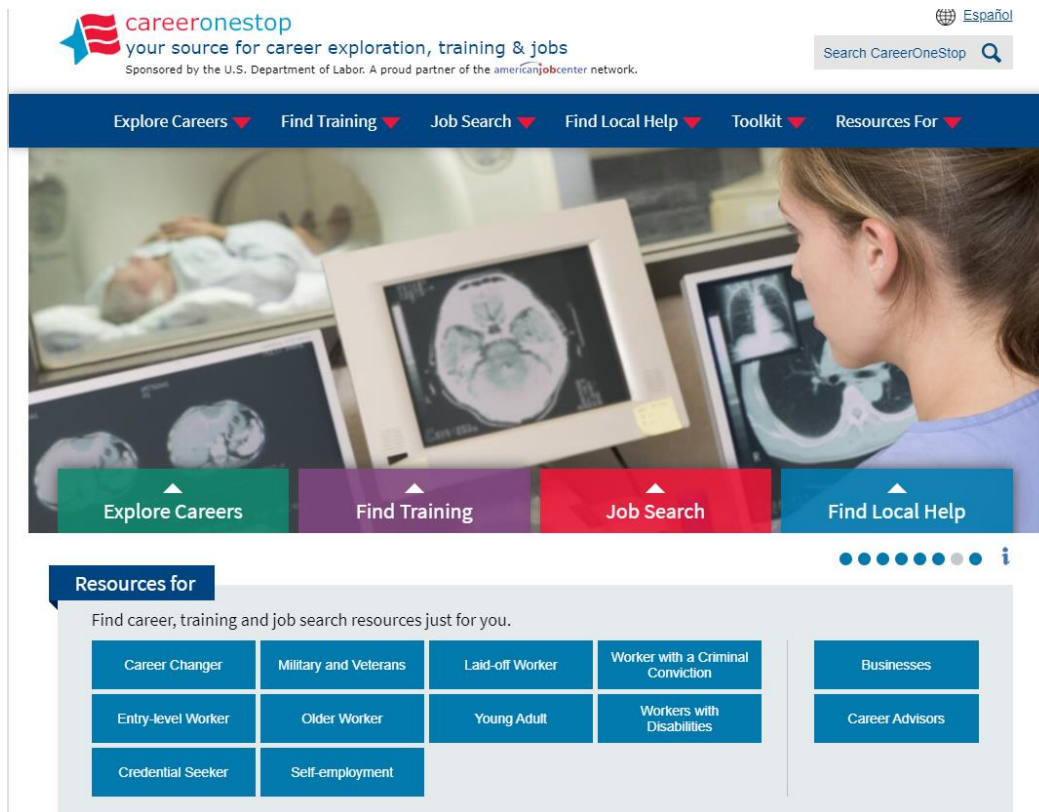




**Career One Stop** is an excellent resource for you to use now and in the future. It is a government website, funded through the US Department of Labor. You can explore careers, find training, search for jobs and search for help locally.

There are a few facilities in Maricopa to visit in person. The facility located at 1840 N 95<sup>th</sup> Ave. Suite 160 in Phoenix, AZ 85037 has a Youth Services contact. They are open M-F/8am to 5 pm.



For the purpose of this assignment, you will complete a Skills Assessment. This will allow you an opportunity to evaluate the skills you have as it relates to future career options.

Click on the tab titled *Explore Careers* → Under *Self Assessments* click on Skills Assessment. Read the content in front of you and then select **Skills Matcher**.

<https://www.careeronestop.org/toolkit/Skills/skills-matcher.aspx> You will rate your levels on 40 key workplace skills. You'll have a list that show careers that matches how you self-rated your skills.

Go to next page...

**Response questions:**

What skills do you think you need to work on the most? (at beginner level or below, technical vs. soft skills)

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What skills do you think you are "skilled" at?

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Of the 10 jobs, what interests you the most (write 2)

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Click on a career that was listed and write 2-3 things you've learned about it:

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If you are currently looking for a job for this spring/summer, check out the tab Resources For and then on the left "Young Adult". Click on "**GetMyFuture**" to begin! You have lots of choices here but for employment and understanding how to make yourself a great candidate click on "Get a Job" or "Get Work Experience". Both of these have ideas on ways to gain experience to be employable and how to approach a first or second job!

Also, check out your StudentVue → **High School Student Resources** (bottom of the list). Click on the Job Board. As employers contact us, we will add opportunities for employment here.

